

*VALUE ADDED COURSE*

*DETAILS*

*2023-2024*



# **SREE NARAYANA NURSING COLLEGE**

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

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Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006 and

A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.




## **THIS DOCUMENT INCLUDES THE FOLLOWING DETAILS OF VALUE ADDED COURSES**

### **2023-2024**

- PSYCHIATRIC ADVANCEMENTS
- DOCUMENTATION PROCESS
- QUALITY ASSURANCE IN OPERATION THEATRE
- NUTRITIONAL BENEFITS FOR ANTENATAL MOTHERS
- FIRE SAFETY
- ADVANCED COGNITIVE THERAPY FOR PSYCHIATRIC PATIENTS
- FORENSIC MEDICINE AND CARE
- RISK MANAGEMENT AND INSURANCE

### **AND IT IS ARRANGED IN FOLLOWING ORDER;**

- CIRCULAR
- PROGRAM SCHEDULE
- PRETEST -POSTTEST QUESTIONNAIRE
- CERTIFICATES

  
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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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SNNC/ACD/VAC/2023-2024/35.

Date: 29/04/2024

### CIRCULAR

The Mental Health Nursing is planned to conduct value added course on "PSYCHIATRIC ADVANCEMENTS" From 03/05/2024 To 04/05/2024. The III B.Sc., Nursing students are instructed to attend the course without fail.



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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2004, dated: 4/11/2004

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



### PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
03/05/2024 (FRIDAY)	Introduction to psychiatric nursing	F.N (9:00 A.M. to 1:00 P.M.)
	Theoretical foundation	
	Advances in psychiatry	A.N (2:00 P.M. to 6:00 P.M.)
	Psychiatric assessment	
04/05/2024 (SATURDAY)	Pharmacological advances	F.N (9:00 A.M. to 1:00 P.M.)
	Psychotherapeutic advances	
	Integrative and holistic approach	A.N (2:00 P.M. to 6:00 P.M.)
	Legal and ethical issues	



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### COURSE TITLE: PSYCHIATRIC ADVANCEMENTS

#### AIM:

To equip nurses with the knowledge and skills necessary to integrate recent advancements in psychiatric care into their practice, enhancing patient outcomes and contributing to the overall quality of mental health services.

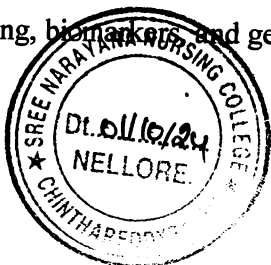
#### COURSE OBJECTIVES:

1. Familiarize nurses with the latest research, treatments, and technologies in psychiatric care.
2. Learn to apply evidence-based approaches to psychiatric nursing practice.
3. Develop strategies to incorporate new advancements into patient assessment, diagnosis, and treatment plans.
4. Encourage the use of interdisciplinary approaches and collaboration with other healthcare professionals.

#### COURSE OUTCOMES:

By the end, students will be able to;

- Explain the latest advancements in psychiatric research, including new diagnostic tools, treatment modalities, and emerging mental health trends.
- Demonstrate knowledge of advanced psychopharmacological treatments, including the use of new medications, understanding their mechanisms, side effects, and appropriate applications.
- Apply innovative therapeutic techniques such as Cognitive Behavioural Therapy (CBT), Dialectical Behaviour Therapy (DBT), and newer modalities like Virtual Reality Therapy in psychiatric care.
- Analyse the role of neurobiology in psychiatric disorders, including insights into brain imaging, biomarkers, and genetics that contribute to personalized treatment plans.



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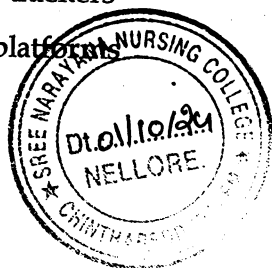
A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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### PSYCHIATRY ADVANCEMENTS PRETEST/ POST TEST QUESTIONNAIRE

1. Which of the following is a recent advancement in psychiatric nursing practice?
  - A. Use of telepsychiatry for remote mental health assessments
  - B. Routine use of electroconvulsive therapy (ECT) without patient consent
  - C. Restriction of psychiatric medications to only those with severe symptoms
  - D. Discontinuation of patient education programs
2. In psychiatric nursing, what is the primary benefit of integrating evidence-based practices (EBP) into patient care?
  - A. Increased reliance on traditional practices
  - B. Enhanced patient outcomes and safety
  - C. Decreased need for individualized care plans
  - D. Reduced use of technology in treatment
3. Which therapeutic approach has gained prominence in psychiatric nursing for treating mood disorders?
  - A. Psychoanalysis
  - B. Cognitive Behavioral Therapy (CBT)
  - C. Hypnotherapy
  - D. Herbal medicine
4. The use of which type of technology is becoming increasingly common in psychiatric nursing for managing patient care?
  - A. Virtual reality (VR) for exposure therapy
  - B. Wearable fitness trackers
  - C. Online gaming platforms



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### D. Digital art programs

5. What is a key component of the Recovery Model in psychiatric nursing?

- A. Focus solely on medication management
- B. Encouraging patient independence and self-management
- C. Frequent hospitalization for severe cases
- D. Emphasis on prolonged inpatient care

6. Which of the following practices has been shown to improve the effectiveness of psychiatric nursing interventions?

- A. Restricting family involvement in care
- B. Using a multidisciplinary approach to treatment
- C. Avoiding patient input in treatment planning
- D. Limiting the use of therapeutic communication

7. Which psychiatric condition has seen significant advancements in treatment options through pharmacogenomics?

- A. Schizophrenia
- B. Generalized Anxiety Disorder (GAD)
- C. Bipolar Disorder
- D. Attention-Deficit/Hyperactivity Disorder (ADHD)

8. What is a major benefit of using standardized assessment tools in psychiatric nursing? A. They limit the need for individualized care

- B. They ensure consistency and objectivity in evaluating patient progress
- C. They reduce the frequency of patient assessments
- D. They replace the need for clinical judgment



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9. Which approach emphasizes the importance of a therapeutic relationship between the nurse and the patient?

- A. Biopsychosocial Model
- B. Humanistic Approach
- C. Behavioral Therapy
- D. Medical Model

10. In recent advancements, how has the role of psychiatric nurses evolved in managing patients with severe mental illness?

- A. Reduced involvement in patient care planning
- B. Increased focus on collaborative care and community-based interventions
- C. Emphasis solely on medication administration
- D. Limited interaction with other healthcare providers

KEY:

- 1. A
- 2. B
- 3. B
- 4. A
- 5. B
- 6. B
- 7. C
- 8. B
- 9. B
- 10. B



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A.P. Nurses & Midwives Council, letter No. APNMC/C.04/5212/2006 dated: 4/11/2006  
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## PSYCHIATRY ADVANCEMENTS

### PRETEST/ POST TEST QUESTIONNAIRE

02  
10

1. Which of the following is a recent advancement in psychiatric nursing practice?

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- D. Discontinuation of patient education programs

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- A. Increased reliance on traditional practices
- B. Enhanced patient outcomes and safety
- C. Decreased need for individualized care plans
- D. Reduced use of technology in treatment

3. Which therapeutic approach has gained prominence in psychiatric nursing for treating mood disorders?

- A. Psychoanalysis
- B. Cognitive Behavioral Therapy (CBT)
- C. Hypnotherapy
- D. Herbal medicine

4. The use of which type of technology is becoming increasingly common in psychiatric nursing for managing patient care?

- A. Virtual reality (VR) for exposure therapy
- B. Wearable fitness trackers
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6. Which of the following practices has been shown to improve the effectiveness of psychiatric nursing interventions?

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A.P. Nursing & Midwifery Council, Nellore vide APNMC/CO/2004/21/2/2004 dated: 11/11/2004  
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## PSYCHIATRY ADVANCEMENTS

### PRETEST/ POST TEST QUESTIONNAIRE

05  
10

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A.P. Nursing Education Council, Nellore No. ANMCO/COU/5212/2004 dated 11.11.2006  
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A.P. Nurses & Midwives Council, letter No. APNMC/COUN/512/2005 dated: 21/11/2006  
Affiliated to Dr. Y.S.R. University of Health Sciences, A.P., Vijayawada.



**SNNC/CURR.COM/VAC/2023-2024/34.**

**Date: 22/04/2024**

### **CIRCULAR**

The curriculum advisory committee is planned to conduct value added course on “**DOCUMENTATION PROCESS**”. The B.Sc., &P.B.B.Sc., Nursing students are instructed to attend the course without fail.

  
**PRINCIPAL**  
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A.P. Nurses & Midwives Council, Hyderabad vide APNMC/C.O.NM5212/2009, dated 07/11/2009

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## COURSE TITLE: DOCUMENTATION PROCESS

### AIM:

- Equip nurses with advanced skills and knowledge to improve patient care. focus on evidence-based practices to optimize treatment and recovery.

### COURSE OBJECTIVES:

1. Provide in-depth knowledge on specific areas of nursing practice (e.g., critical care, paediatrics, geriatrics).
2. Offer hands-on experience and simulations to practice and refine clinical skills.
3. Abilities to communicate effectively with patients, families, and healthcare teams.
4. Teach methods for incorporating the latest research and evidence into clinical practice.

### COURSE OUTCOMES:

By the end of the course, students will be able to;

- Explain the significance of accurate and timely documentation in clinical settings and its impact on patient care, legal compliance, and quality assurance.
- Identify and differentiate between various types of clinical documentation, such as patient medical records, informed consent forms, nursing notes, and discharge summaries.
- Demonstrate effective documentation techniques that ensure clarity, completeness, and accuracy, avoiding common errors that can lead to miscommunication or legal issues.

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- Understand the legal and ethical considerations in clinical documentation, including confidentiality, data protection, and compliance with regulations like HIPAA or GDPR.

## PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
26/04/2024 (FRIDAY)	Introduction to documentation process	F.N (9:00 A.M. to 1:00 P.M.)
	Theoretical foundation	
	Communication and collaboration	A.N (2:00 P.M. to 6:00 P.M.)
	Leadership and management	
27/04/2024 (SATURDAY)	Professional Development	F.N (9:00 A.M. to 1:00 P.M.)
	Introduction to documentation	
	Types of documentation	A.N (2:00 P.M. to 6:00 P.M.)
	Documentation standards	

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## DOCUMENTATION PROCESS

### PRETEST/ POST TEST QUESTIONNAIRE

#### 1. Why is accurate documentation crucial in nursing?

- A) To reduce the workload of nurses
- B) To ensure legal protection and continuity of care
- C) To make the patient's chart look neat
- D) To keep track of the nurse's working hours

#### 2. Which of the following best describes a key benefit of thorough documentation in nursing practice?

- A) It helps in billing and reimbursement processes.
- B) It serves as a way to avoid performing necessary procedures.
- C) It allows nurses to delegate tasks more easily.
- D) It reduces the need for communication with other healthcare professionals.

#### 3. How does documentation contribute to patient safety?

- A) It helps in tracking the completion of administrative tasks.
- B) It provides a record of patient care that can prevent errors and omissions.
- C) It minimizes the need for patient education.
- D) It replaces the need for verbal handovers between shifts.

#### 4. Which of the following is a potential consequence of poor documentation in nursing?

- A) Improved patient outcomes
- B) Enhanced teamwork among healthcare providers
- C) Increased risk of legal issues and decreased quality of care
- D) Greater accuracy in medication administration

#### 5. In what way does documentation support interdisciplinary collaboration?

- A) By providing a comprehensive record of patient care for all team members
- B) By limiting communication between team members
- C) By reducing the need for other healthcare providers to write notes
- D) By focusing solely on nurse-specific tasks

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**6. Which of the following is an example of a value-added component of nursing documentation?**

- A) Recording only significant changes in a patient's condition
- B) Documenting every detail, including irrelevant information
- C) Using standardized formats and terminologies for consistency
- D) Limiting documentation to direct observations only

**7. Why is it important for nursing documentation to be timely?**

- A) To ensure that the documentation is processed quickly by administrative staff
- B) To provide an accurate and current record of the patient's condition and care
- C) To minimize the time spent on documentation
- D) To avoid updating electronic health records

**8. How does proper documentation impact patient care outcomes?**

- A) It has no direct impact on patient care outcomes.
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**9. What role does documentation play in quality improvement initiatives in nursing?**

- A) It helps in evaluating and improving care processes by providing data and insights.
- B) It mainly serves as a tool for managing nurse performance.
- C) It replaces the need for ongoing staff training and development.
- D) It focuses solely on patient satisfaction surveys.

**10. Which of the following practices enhances the effectiveness of nursing documentation?**

- A) Using vague descriptions to save time
- B) Consistently updating and reviewing patient records
- C) Documenting only when there is a change in patient status
- D) Relying on memory instead of written records

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006 dated: 4/11/2006

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## KEY:

1. B
2. A
3. B
4. C
5. A
6. C
7. B
8. B
9. A
10. B

  
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A.P. Nurses & Midwives Council, letter no. APNMC/CD-4/5212/2006, dated: 4/11/2006

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## DOCUMENTATION PROCESS

### PRETEST/ POST TEST QUESTIONNAIRE

04/10

1. Why is accurate documentation crucial in nursing?

- A) To reduce the workload of nurses
- B) To ensure legal protection and continuity of care
- C) To make the patient's chart look neat
- D) To keep track of the nurse's working hours

2. Which of the following best describes a key benefit of thorough documentation in nursing practice?

- A) It helps in billing and reimbursement processes.
- B) It serves as a way to avoid performing necessary procedures.
- C) It allows nurses to delegate tasks more easily.
- D) It reduces the need for communication with other healthcare professionals.

3. How does documentation contribute to patient safety?


- A) It helps in tracking the completion of administrative tasks.
- B) It provides a record of patient care that can prevent errors and omissions.
- C) It minimizes the need for patient education.
- D) It replaces the need for verbal handovers between shifts.

4. Which of the following is a potential consequence of poor documentation in nursing?

- A) Improved patient outcomes
- B) Enhanced teamwork among healthcare providers
- C) Increased risk of legal issues and decreased quality of care
- D) Greater accuracy in medication administration

5. In what way does documentation support interdisciplinary collaboration?

- A) By providing a comprehensive record of patient care for all team members
- B) By limiting communication between team members
- C) By reducing the need for other healthcare providers to write notes
- D) By focusing solely on nurse-specific tasks

  
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A.P. Nurses & Midwives Council, Inter No. APNMC/CON/5312/2005, dated: 11/11/2005  
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6. Which of the following is an example of a value-added component of nursing documentation?

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A.P. Nurses & Midwives Council, letter No. APNMC/03/945712/2008 dated: 07/11/2008  
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SNNC/ACD/VAC/2023-2024/33.

Date: 04/01/2024

### CIRCULAR

The Community Health Nursing Department is planned to conduct value added course on "QUALITY ASSURANCE IN OPERATION THEATRE" 08/01/2024 To 09/01/2024. The IV B.Sc., Nursing students are instructed to attend the course without fail.



  
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Copy To:

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



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### **COURSE TITLE: QUALITY ASSURANCE IN THE OPERATION**

#### **THEATRE**

#### **AIMS:**

To equip nursing staff with knowledge and skills to improve safety standards in the operation theatre.

#### **COURSE OBJECTIVES:**

1. Define what quality assurance in the operation theatre entails and its significance in nursing.
2. Recognize and implement best practices for maintaining high standards of care.
3. Learn about tools and techniques used for monitoring and evaluating the quality of care.
4. Create and apply protocols for continuous improvement and problem-solving in the operation theatre

#### **COURSE OUTCOME:**

By the of the course, students will be able to;

- Explain the fundamental principles of quality assurance and its significance in maintaining high standards in the operation theatre environment.
- Demonstrate knowledge of infection control protocols, including sterilization, disinfection, and aseptic techniques, to minimize the risk of surgical site infections.
- Identify strategies for enhancing patient safety, including error prevention, safety checklists, and adherence to established surgical protocols.
- Develop and implement Standard Operating Procedures (SOPs) tailored to various surgical processes, ensuring consistency and high-quality care.



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### PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
08/01/2024 (FRIDAY)	Introduction to Quality Assurance	F.N
	Standards	(9:00 A.M. to 1:00 P.M.)
	Quality Assurance Tools	A.N
	Procedure	(2:00 P.M. to 6:00 P.M.)
09/01/2024 (SATURDAY)	Monitoring	F.N
	Incident Reports	(9:00 A.M. to 1:00 P.M.)
	Continuous Improvement	A.N
	Case studies	(2:00 P.M. to 6:00 P.M.)



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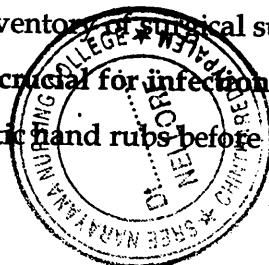
A.P. Nurses & Midwives Council, letter No. APNMC/CON/3212/2006, dated: 4/11/2006

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### QUALITY ASSURANCE IN OPERATION THEATRE PRETEST/ POST TEST QUESTIONNAIRE

1. What is the primary goal of quality assurance in the operating theatre?
  - A) Reducing the cost of surgical procedures
  - B) Ensuring patient safety and optimal outcomes
  - C) Increasing the number of surgeries performed
  - D) Enhancing the aesthetic appeal of the operating room
2. Which of the following is an essential component of quality assurance in surgical nursing?
  - A) Regularly updating social media profiles
  - B) Conducting thorough pre-operative assessments
  - C) Limiting the duration of surgeries
  - D) Reducing the number of staff present in the operating theatre
3. How often should equipment and instruments in the operating theatre be checked for functionality?
  - A) Annually
  - B) Only when a problem is noticed
  - C) Before every surgical procedure
  - D) Monthly
4. What is the primary purpose of using checklists in the operating theatre?
  - A) To keep track of the surgical schedule
  - B) To ensure all necessary steps are completed and to reduce errors
  - C) To record the number of surgeries performed
  - D) To manage inventory of surgical supplies
5. Which practice is crucial for infection control in the operating theatre?
  - A) Using antiseptic hand rubs before entering the theatre



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- B) Wearing regular uniforms instead of surgical scrubs
- C) Minimizing the use of sterile drapes
- D) Allowing unrestricted access to the operating room

6. What should be done if a nursing staff member identifies a potential quality issue in the operating theatre?

- A) Ignore it to avoid conflict
- B) Report it immediately to a supervisor or the quality assurance team
- C) Document it in the patient's chart only
- D) Discuss it informally with colleagues

7. Which of the following is NOT a common strategy for improving quality assurance in the operating theatre?

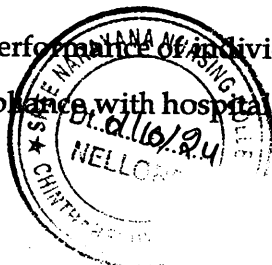
- A) Implementing regular staff training and education
- B) Conducting post-operative reviews and debriefings
- C) Limiting communication between surgical team members
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8. What role does patient feedback play in quality assurance for the operating theatre?

- A) It is not considered relevant
- B) It helps identify areas for improvement from the patient's perspective
- C) It is used solely for marketing purposes
- D) It replaces the need for staff evaluations

9. Why is continuous monitoring of surgical outcomes important in quality assurance?

- A) To assess the performance of individual surgeons
- B) To ensure compliance with hospital policies



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- C) To identify trends and areas for improvement in patient care
- D) To determine the profitability of surgical services

10. Which practice is important for maintaining the integrity of sterile fields in the operating theatre?

- A) Allowing unrestricted movement of personnel around the sterile field
- B) Ensuring all team members are properly gowned and gloved
- C) Using non-sterile drapes for convenience
- D) Moving instruments and supplies freely within the sterile field

### KEY:

- 1. B
- 2. B
- 3. C
- 4. A
- 5. A
- 6. B
- 7. C
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## QUALITY ASSURANCE IN OPERATION THEATRE

### PRETEST/ POST TEST QUESTIONNAIRE

03  
10

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## QUALITY ASSURANCE IN OPERATION THEATRE PRETEST/ POST TEST QUESTIONNAIRE

08  
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  - C) Before every surgical procedure
  - D) Monthly
4. What is the primary purpose of using checklists in the operating theatre?
  - A) To keep track of the surgical schedule
  - B) To ensure all necessary steps are completed and to reduce errors
  - C) To record the number of surgeries performed
  - D) To manage inventory of surgical supplies
5. Which practice is crucial for infection control in the operating theatre?
  - A) Using antiseptic hand rubs before entering the theatre
  - B) Wearing regular uniforms instead of surgical scrubs
  - C) Minimizing the use of sterile drapes
  - D) Allowing unrestricted access to the operating room
6. What should be done if a nursing staff member identifies a potential quality issue in the operating theatre?
  - A) Ignore it to avoid conflict
  - B) Report it immediately to a supervisor or the quality assurance team

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- C) Document it in the patient's chart only
- D) Discuss it informally with colleagues

7. Which of the following is NOT a common strategy for improving quality assurance in the operating theatre?

- A) Implementing regular staff training and education
- B) Conducting post-operative reviews and debriefings
- C) Limiting communication between surgical team members
- D) Utilizing standardized protocols and procedures

8. What role does patient feedback play in quality assurance for the operating theatre?

- A) It is not considered relevant
- B) It helps identify areas for improvement from the patient's perspective
- C) It is used solely for marketing purposes
- D) It replaces the need for staff evaluations

9. Why is continuous monitoring of surgical outcomes important in quality assurance?

- A) To assess the performance of individual surgeons
- B) To ensure compliance with hospital policies
- C) To identify trends and areas for improvement in patient care
- D) To determine the profitability of surgical services

10. Which practice is important for maintaining the integrity of sterile fields in the operating theatre?

- A) Allowing unrestricted movement of personnel around the sterile field
- B) Ensuring all team members are properly gowned and gloved
- C) Using non-sterile drapes for convenience
- D) Moving instruments and supplies freely within the sterile field

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SNNC/ACD/VAC/2023-2024/32.

Date: 30/10/2023

### CIRCULAR

The OBG Department is planned to conduct value added course on "NUTRITIONAL BENEFITS FOR ANTENATAL MOTHERS" From 03/11/2023 To 04/11/2023. The IV B.Sc., Nursing students are instructed to attend the course without fail.

*U. Jayanthi*  
Principal

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/3212/2006, dated: 4/11/2006

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### COURSE TITLE: NUTRITIONAL BENEFITS FOR ANTENATAL MOTHERS

#### AIM:

To provide antenatal mothers with essential knowledge and practical guidance on nutrition to support a healthy pregnancy, promote fetal development, and enhance overall well-being.

#### COURSE OBJECTIVES:

1. Learn about the specific nutritional requirements during pregnancy and their impact on maternal and fetal health.
2. Acquire skills to create and implement balanced meal plans that meet the nutritional needs of pregnant women.
3. Understand the role of essential nutrients and how to incorporate them into daily diets.
4. Learn how to manage common dietary issues and conditions during pregnancy, such as morning sickness and gestational diabetes.

#### COURSE OUTCOMES:

Upon successful completion of the course, participants will be able to:

1. Identify and understand the key nutritional needs and changes during pregnancy.
2. Develop and implement meal plans that provide essential nutrients for both mother and baby.
3. Effectively incorporate critical nutrients into daily diets and understand their benefits.
4. Address and manage common nutritional issues and conditions associated with pregnancy.



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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



### PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
03/11/2023 (FRIDAY)	Introduction to Nutritional benefits	F.N
	Key nutrients	(9:00 A.M. to 1;00 P.M.)
	Balanced meal planning	A.N
	Management of nutritional concerns	(2:00 P.M. to 6:00 P.M.)
04/11/2023 (SATURDAY)	Healthy weight management	F.N
	Dietary supplements	(9:00 A.M. to 1;00 P.M.)
	Practical Tips	A.N
	Interactive sessions	(2:00 P.M. to 6:00 P.M.)



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### PRETEST/POST TEST QUESTIONNAIRE

#### NUTRITIONAL BENEFITS OF ANTENATAL MOTHER

1. Which nutrient is crucial for the development of the fetal neural tube and should be increased in the diet of an antenatal mother?
  - A) Vitamin C
  - B) Iron
  - C) Folate
  - D) Calcium
2. What is the recommended daily increase in caloric intake for a pregnant woman during the second and third trimesters?
  - A) 100-200 calories
  - B) 200-300 calories
  - C) 300-500 calories
  - D) 500-600 calories
3. Which mineral is essential for preventing anemia in pregnant women?
  - A) Zinc
  - B) Iron
  - C) Magnesium
  - D) Potassium
4. Calcium is important during pregnancy for:
  - A) Developing healthy skin
  - B) Strengthening the immune system
  - C) Building strong bones and teeth in the fetus
  - D) Increasing maternal energy levels
5. Omega-3 fatty acids, found in fish and flaxseed, are beneficial during pregnancy because they:
  - A) Support fetal brain development
  - B) Improve maternal digestion





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C) Reduce the risk of gestational diabetes

D) Decrease the risk of high blood pressure

6. Which vitamin is important for enhancing iron absorption from plant-based foods in pregnant women?

A) Vitamin A

B) Vitamin B12

C) Vitamin D

D) Vitamin C

7. Antenatal mothers should increase their intake of which of the following to help support fetal growth and development?

A) Refined sugars

B) Whole grains

C) Processed meats

D) Saturated fats

8. Which of the following foods is a good source of protein for pregnant women?

A) White rice

B) Eggs

C) White bread

D) Soda

9. Pregnant women are advised to limit their intake of which substance due to its potential negative effects on fetal development?

A) Caffeine

B) Fiber

C) Whole milk

D) Fresh fruits

10. Which of the following is a common symptom of calcium deficiency during pregnancy?

A) Nausea and vomiting

B) Muscle cramps and spasms



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C) Insomnia

D) Frequent urination

KEY:

1. C
2. B
3. B
4. C
5. A
6. D
7. B
8. B
9. A
10. B



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Recognized by Andhra Nursing Council vide letter No. 92/Sep/2005. NC dated: 29.09.2006 and  
A.P. Nurses & Midwives Council (H) vide No. APNMC/C.24/2012/2004. (H) No. 4/11/2006  
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02  
/10

## NUTRITIONAL BENEFITS OF ANTENATAL MOTHER

1. Which nutrient is crucial for the development of the fetal neural tube and should be increased in the diet of an antenatal mother?

- A) Vitamin C
- B) Iron
- C) Folate
- D) Calcium

2. What is the recommended daily increase in caloric intake for a pregnant woman during the second and third trimesters?

- A) 100-200 calories
- B) 200-300 calories
- C) 300-500 calories
- D) 500-600 calories

3. Which mineral is essential for preventing anemia in pregnant women?

- A) Zinc
- B) Iron
- C) Magnesium
- D) Potassium

4. Calcium is important during pregnancy for:

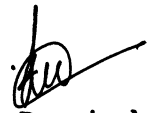
- A) Developing healthy skin
- B) Strengthening the immune system
- C) Building strong bones and teeth in the fetus
- D) Increasing maternal energy levels

5. Omega-3 fatty acids, found in fish and flaxseed, are beneficial during pregnancy because they:

- A) Support fetal brain development
- B) Improve maternal digestion
- C) Reduce the risk of gestational diabetes
- D) Decrease the risk of high blood pressure

6. Which vitamin is important for enhancing iron absorption from plant-based foods in pregnant women?

- A) Vitamin A
- B) Vitamin B12
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D) Vitamin C

7. Antenatal mothers should increase their intake of which of the following to help support fetal growth and development?

- A) Refined sugars
- B) Whole grains
- C) Processed meats
- D) Saturated fats

8. Which of the following foods is a good source of protein for pregnant women?

- A) White rice
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## NUTRITIONAL BENEFITS OF ANTENATAL MOTHER

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SNNC/ACD/VAC/2023-2024/31.

Date: 25/09/2023

## CIRCULAR

The Medical Surgical Nursing Department is planned to conduct value added course on "FIRE SAFETY MANAGEMENT" 29/09/2023 To 30/09/2023. The II B.Sc., & I P.B.B.Sc., Nursing students are instructed to attend the course without fail.

*U. Jayaraju*  
Principal

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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



### PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
29/09/2023 (FRIDAY)	Introduction to Fire safety	F.N (9:00 A.M. to 1;00 P.M.)
	Fire prevention	
	Emergency response	A.N (2:00 P.M. to 6:00 P.M.)
	Firefighting techniques	
30/09/2023 (SATURDAY)	Legal & Regulatory compliance	F.N (9:00 A.M. to 1;00 P.M.)
	First Aid and safety	
	Risk assessment	A.N (2:00 P.M. to 6:00 P.M.)
	Case studies	



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### VALUE ADDED COURSE

#### COURSE OUTCOME: FIRE SAFETY MANAGEMENT

Upon successful completion of the course, participants will be able to:

1. **Identify and Classify Fires:**

Recognize different types of fires and their behaviour.

2. **Implement Fire Safety Measures:**

Apply strategies to prevent and control fire hazards in various environments.

3. **Develop and Execute Evacuation Plans:**

Create effective fire evacuation plans and conduct evacuation drills.

4. **Operate Firefighting Equipment**

5. proficiency in using firefighting tools and equipment.



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## FIRE SAFETY

### PRETEST/ POST TEST QUESTIONNAIRE

06  
/10

1. What is the primary purpose of a fire safety plan in a healthcare facility?

- A) To improve the appearance of the facility
- B) To ensure patient and staff safety in the event of a fire
- C) To reduce the cost of insurance premiums
- D) To increase the facility's marketability

2. Which of the following is the most critical action for a nurse to take when discovering a fire?

- A) Attempt to extinguish the fire immediately
- B) Alert all staff and activate the fire alarm
- C) Evacuate patients without notifying anyone
- D) Close the door to contain the fire and continue with patient care

3. In the event of a fire, what does the acronym R.A.C.E. stand for?

- A) Rescue, Alarm, Contain, Evacuate
- B) Report, Alert, Contain, Evacuate
- C) Rescue, Alarm, Communicate, Evacuate
- D) Report, Assess, Contain, Exit

4. What is the first step in the R.A.C.E. protocol?

- A) Evacuate the area
- B) Activate the fire alarm
- C) Rescue anyone in immediate danger
- D) Close doors to contain the fire

5. Which type of fire extinguisher is most appropriate for electrical fires?

- A) Water extinguisher
- B) Foam extinguisher
- C) CO2 extinguisher
- D) Dry chemical extinguisher

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A.P. Nurses & Midwives Council, letter No. APNMC/CN/3212/2005, dated: 4/11/2006

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### 6. In a healthcare setting, where should fire drills be conducted?

- A) Only in patient care areas
- B) In all areas of the facility, including administrative and patient care areas
- C) Only in administrative offices
- D) In areas where fire drills are least disruptive

### 7. What is the primary reason for keeping fire doors closed?

- A) To reduce noise levels
- B) To contain smoke and fire, preventing it from spreading
- C) To ensure privacy for patients
- D) To maintain temperature control

### 8. How often should fire safety training be provided to nursing staff?

- A) Once a year
- B) Every six months
- C) Only during new employee orientation
- D) Every two years

### 9. What should nurses do if they are unable to evacuate a patient due to the severity of the fire?

- A) Leave the patient and seek safety
- B) Attempt to extinguish the fire before evacuating
- C) Move the patient to a safe area, such as a room with windows, and wait for rescue
- D) Wait for instructions from the fire department

### 10. Why is it important for nursing staff to be familiar with the location of fire exits and evacuation routes?

- A) To facilitate faster check-ins
- B) To provide directions to visitors
- C) To ensure efficient evacuation in case of a fire
- D) To comply with administrative requirements

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Recognized by Indian Nursing Council vide letter No. 02/Sep/2004 INC dated : 29.09.2004 and

A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



### **COURSE TITLE: FIRE SAFETY MANAGEMENT**

#### **AIM:**

To equip participants with comprehensive knowledge and practical skills in fire safety, enabling them to prevent, manage, and respond effectively to fire-related incidents in various settings.

#### **COURSE OBJECTIVES:**

**1. Understand Fire Fundamentals:**

Gain knowledge of the science of fire, including its behavior and types, to effectively manage and prevent fire hazards.

**2. Implement Preventive Measures:**

Learn how to identify potential fire hazards and apply strategies to mitigate fire risks.

**3. Develop Emergency Response Skills:**

Acquire skills to develop and execute fire evacuation plans and respond effectively during fire emergencies.

**4. Utilize Firefighting Equipment:**

Understand the proper use of various firefighting tools and equipment.



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Recognized by National Nursing Council vide letter No. 92/Sep/2005. NC Accredited: 07.09.2006 and

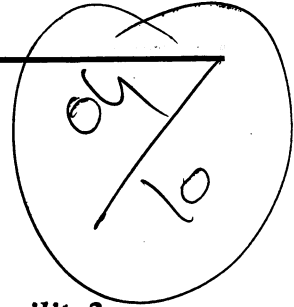
A.P. Nurse & Midwife Council, Jhiller No. AFIMC/C.SN/5212/2005, dated: 4/11/2006

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## FIRE SAFETY

### PRETEST/ POST TEST QUESTIONNAIRE



1. What is the primary purpose of a fire safety plan in a healthcare facility?

- A) To improve the appearance of the facility
- B) To ensure patient and staff safety in the event of a fire
- C) To reduce the cost of insurance premiums
- D) To increase the facility's marketability

2. Which of the following is the most critical action for a nurse to take when discovering a fire?

- A) Attempt to extinguish the fire immediately
- B) Alert all staff and activate the fire alarm
- C) Evacuate patients without notifying anyone
- D) Close the door to contain the fire and continue with patient care

3. In the event of a fire, what does the acronym R.A.C.E. stand for?


- A) Rescue, Alarm, Contain, Evacuate
- B) Report, Alert, Contain, Evacuate
- C) Rescue, Alarm, Communicate, Evacuate
- D) Report, Assess, Contain, Exit

4. What is the first step in the R.A.C.E. protocol?

- A) Evacuate the area
- B) Activate the fire alarm
- C) Rescue anyone in immediate danger
- D) Close doors to contain the fire

5. Which type of fire extinguisher is most appropriate for electrical fires?

- A) Water extinguisher
- B) Foam extinguisher
- C) CO2 extinguisher
- D) Dry chemical extinguisher

  
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Recognized by Andhra Nursing Council vide letter No. 82/8-SP/2003. MC serial: 25/09/2004 and

A.P. Nursing & Midwifery Council letter No. APNMC/COUN/212/2005 dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## 6. In a healthcare setting, where should fire drills be conducted?

- A) Only in patient care areas
- B) In all areas of the facility, including administrative and patient care areas
- C) Only in administrative offices
- D) In areas where fire drills are least disruptive

## 7. What is the primary reason for keeping fire doors closed?

- A) To reduce noise levels
- B) To contain smoke and fire, preventing it from spreading
- C) To ensure privacy for patients
- D) To maintain temperature control

## 8. How often should fire safety training be provided to nursing staff?

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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SNNC/ACD/VAC/2023-2024/30.

Date: 07/08/2023

### CIRCULAR

The Mental Health Nursing Department is planned to conduct value added course on "ADVANCED COGNITIVE THERAPY FOR PSYCHIATRIC PATIENTS" From 11/08/2023 To 12/08/2023. The III B.Sc., Nursing students are instructed to attend the course without fail.

*U. Jayanthi*  
Principal

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



### **COURSE TITLE: ADVANCED COGNITIVE THERAPY FOR PSYCHIATRIC PATIENTS**

#### **AIM:**

To equip mental health professionals with advanced knowledge and practical skills in cognitive therapy, enabling them to effectively treat psychiatric patients and enhance therapeutic outcomes.

#### **COURSE OBJECTIVES:**


1. **Understand Cognitive Therapy:** Gain a deep understanding of cognitive therapy principles and how they apply to psychiatric disorders.
2. **Apply Cognitive Techniques:** Learn and apply cognitive techniques and strategies in the treatment of various psychiatric conditions.
3. **Tailor Therapy to Psychiatric Disorders:** Adapt cognitive therapy approaches to the specific needs and challenges of psychiatric patients.
4. **Enhance Therapeutic Skills:** Develop advanced therapeutic skills for effective cognitive therapy, including handling complex cases.

#### **COURSE OUTCOMES:**

By the end of this course, participants will be able to:

1. **Implement Cognitive Techniques:** Apply cognitive therapy techniques effectively in treating psychiatric patients.
2. **Adapt Therapy for Specific Disorders:** Customize cognitive therapy approaches for various psychiatric conditions such as depression, anxiety, and schizophrenia.
3. **Enhance Therapeutic Interactions:** Utilize advanced therapeutic skills to engage and support psychiatric patients.



  
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### PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
11/08/2023 (FRIDAY)	Introduction to cognitive therapy	F.N (9:00 A.M. to 1:00 P.M.)
	Cognitive therapy techniques	
	Application to psychiatric disorders	A.N (2:00 P.M. to 6:00 P.M.)
	Advanced technologies	
12/08/2023 (SATURDAY)	Therapeutic regulations	F.N (9:00 A.M. to 1:00 P.M.)
	Monitoring and adjustment treatment	
	Case studies	A.N (2:00 P.M. to 6:00 P.M.)
	Ethical and cultural considerations	



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### COGNITIVE THERAPY FOR PSYCHIATRIC PATIENTS PRETEST/ POST TEST QUESTIONNAIRE

1. What is the primary goal of Cognitive Therapy (CT) in treating psychiatric patients?

- A) To increase medication compliance
- B) To change maladaptive thought patterns
- C) To enhance physical fitness
- D) To improve social skills

2. How does Cognitive Therapy contribute to managing anxiety in psychiatric patients?

- A) By promoting long-term medication use
- B) By identifying and challenging irrational thoughts
- C) By increasing physical exercise routines
- D) By reducing the need for therapy sessions

3. Which of the following techniques is commonly used in Cognitive Therapy to address negative thinking?

- A) Cognitive restructuring
- B) Electroconvulsive therapy
- C) Behavioral activation
- D) Psychoanalysis

4. Cognitive Therapy is particularly effective in treating which of the following disorders?

- A) Schizophrenia
- B) Major Depressive Disorder



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- C) Bipolar Disorder
- D) Personality Disorders

5. In the context of Cognitive Therapy, what is 'cognitive distortion'?

- A) A physical impairment that affects cognition
- B) A failure in the cognitive therapy process
- C) A biased way of thinking that reinforces negative emotions
- D) A side effect of medication

6. Which aspect of Cognitive Therapy involves the patient keeping a journal of their thoughts and feelings?

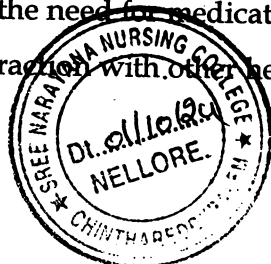
- A) Behavioral monitoring
- B) Thought record
- C) Medication log
- D) Symptom checklist

7. How can Cognitive Therapy help psychiatric patients improve their coping skills?

- A) By increasing their medication dosage
- B) By helping them understand and modify dysfunctional thinking patterns
- C) By providing physical therapy
- D) By reducing the frequency of therapy sessions

8. Which of the following is a benefit of integrating Cognitive Therapy into nursing practice for psychiatric patients?

- A) Reduction in therapy costs
- B) Improved patient adherence to cognitive strategies and self-care
- C) Elimination of the need for medication
- D) Decreased interaction with other healthcare providers



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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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9. What role does Cognitive Therapy play in relapse prevention for psychiatric patients?

- A) It offers medication adjustments based on symptoms
- B) It helps patients recognize early warning signs and develop effective coping strategies
- C) It provides a substitute for regular medical check-ups
- D) It focuses solely on addressing current symptoms

10 How does Cognitive Therapy address the issue of self-stigma in psychiatric patients?

- A) By focusing only on external factors
- B) By challenging and changing negative self-perceptions
- C) By increasing the frequency of medication
- D) By avoiding discussions about self-esteem

KEY:

- 1. B
- 2. B
- 3. A
- 4. B
- 5. C
- 6. B
- 7. B
- 8. B
- 9. B
- 10. B



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Recognized by Andhra Pradesh Nursing Council vide letter No. 92/Dep/2006. NC dated: 27.09.2006 and

A.P. Nurses & Midwives Council, letter No. APNMC/C.D.N/5712/2004 dated: 11/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## COGNITIVE THERAPY FOR PSYCHIATRIC PATIENTS

### PRETEST/ POST TEST QUESTIONNAIRE

04  
10

1. What is the primary goal of Cognitive Therapy (CT) in treating psychiatric patients?

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4. Cognitive Therapy is particularly effective in treating which of the following disorders?

- A) Schizophrenia
- B) Major Depressive Disorder
- C) Bipolar Disorder
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5. In the context of Cognitive Therapy, what is 'cognitive distortion'?

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6. Which aspect of Cognitive Therapy involves the patient keeping a journal of their thoughts and feelings?

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D) Nursing care plan

6. What ethical principle is most crucial for forensic nurses when dealing with victims of crime?

- A) Autonomy
- B) Non-maleficence
- C) Beneficence
- D) Justice

7. Which of the following is NOT a typical duty of a forensic nurse?

- A) Testifying in court as an expert witness
- B) Providing legal advice to the victim
- C) Documenting injuries and collecting forensic evidence
- D) Offering crisis intervention and support

8. What is the primary focus when assessing a victim of sexual assault in a forensic setting?

- A) Providing immediate psychological therapy
- B) Conducting a thorough physical examination and evidence collection
- C) Arranging for long-term counseling services
- D) Administering prophylactic medications


9. Forensic nurses may encounter situations involving ethical dilemmas. What is an important strategy for resolving such dilemmas?

- A) Ignoring the dilemma and proceeding with standard procedures
- B) Consulting with legal and ethical experts within the healthcare team
- C) Deciding based on personal beliefs rather than professional guidelines
- D) Avoiding documentation to prevent potential legal issues

10. Which type of evidence is typically collected by a forensic nurse from a victim of a violent crime?

- A) Urine sample for drug testing
- B) Written witness statements
- C) Biological samples (e.g., blood, semen) and physical evidence (e.g., clothing)
- D) Financial records

04  
10

  
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website: [www.sreenarayanannursingcollege.com](http://www.sreenarayanannursingcollege.com) | <http://sreenarayanannursingcollege.com>  
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SNNC/ACD/VAC/2023-2024/29.

Date: 10/07/2023

### CIRCULAR

The Medical Surgical Nursing Department is planned to conduct value added course on "FORENSIC MEDICINE AND CARE" From 14/07/2023 To 15/07/2023. The II B.Sc., Nursing students are instructed to attend the course without fail.

*V. Jayanthi*  
Principal

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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### **COURSE TITLE: FORENSIC MEDICINE AND CARE**

#### **AIM:**

To provide nurses with an in-depth understanding of forensic nursing principles and practices, enabling them to effectively perform forensic assessments, manage evidence, and provide compassionate care to individuals involved in legal cases.

#### **COURSE OBJECTIVES:**


1. Gain foundational knowledge of forensic nursing and its role within the healthcare and legal systems.
2. Learn to perform detailed and accurate forensic assessments of individuals involved in legal cases.
3. Master the techniques for collecting, documenting, and preserving forensic evidence.
4. Understand legal and ethical considerations in forensic nursing, including documentation and testimony.

#### **COURSE OUTCOMES:**

By the end of this course, participants will be able to:

1. Conduct comprehensive forensic assessments in a variety of legal contexts.
2. Accurately collect, document, and preserve forensic evidence according to best practices.
3. Navigate the legal aspects of forensic nursing, including testimony and reporting requirements.
4. Deliver trauma-informed care to individuals who have experienced violence or abuse.



  
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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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## PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
14/07/2023 (FRIDAY)	Introduction to Forensic Medicine	F.N (9:00 A.M. to 1:00 P.M.)
	Forensic Assessment	
	Evidence collection	A.N (2:00 P.M. to 6:00 P.M.)
	Care for victims of violence	
15/07/2023 (SATURDAY)	Specialised forensic topics	F.N (9:00 A.M. to 1:00 P.M.)
	Practical skills	
	Case studies	A.N (2:00 P.M. to 6:00 P.M.)
	Professional development	



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### FORENSIC MEDICINE AND CARE PRETEST/ POST TEST QUESTIONNAIRE

1. Which of the following is a primary goal of forensic nursing?

- A. To administer medication to psychiatric patients
- B. To provide support for victims of crime and collect evidence
- C. To conduct routine health check-ups
- D. To manage chronic diseases

2. What is the main purpose of a forensic nurse's role in collecting evidence from a victim of assault?

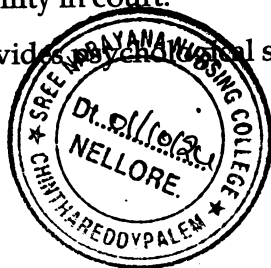
- A) To ensure the victim's comfort and recovery
- B) To gather and preserve evidence that can be used in legal proceedings
- C) To provide long-term psychological counseling
- D) To administer vaccines and preventive treatments

3. Which of the following is considered an essential component of the forensic nursing assessment?

- A) Detailed physical examination with evidence collection
- B) Setting up a routine vaccination schedule
- C) Performing regular health screenings
- D) Prescribing medications for common illnesses

4. In forensic nursing, what is the importance of chain of custody?

- A) It ensures the victim receives immediate medical care.
- B) It documents the handling of evidence to maintain its integrity and admissibility in court.
- C) It provides psychological support to the victim.



  
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D) It schedules follow-up appointments for the victim.

5. Which document is critical for a forensic nurse to complete when documenting evidence collected from a crime scene?

- A) Patient's medical history form
- B) Chain of custody form
- C) Medication administration record
- D) Nursing care plan

6. What ethical principle is most crucial for forensic nurses when dealing with victims of crime?

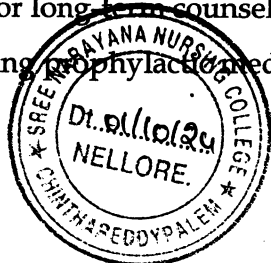
- A) Autonomy
- B) Non-maleficence
- C) Beneficence
- D) Justice

7. Which of the following is NOT a typical duty of a forensic nurse?

- A) Testifying in court as an expert witness
- B) Providing legal advice to the victim
- C) Documenting injuries and collecting forensic evidence
- D) Offering crisis intervention and support.

8. What is the primary focus when assessing a victim of sexual assault in a forensic setting?

- A) Providing immediate psychological therapy
- B) Conducting a thorough physical examination and evidence collection
- C) Arranging for long-term counseling services
- D) Administering prophylactic medications



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9. Forensic nurses may encounter situations involving ethical dilemmas. What is an important strategy for resolving such dilemmas?

- A) Ignoring the dilemma and proceeding with standard procedures
- B) Consulting with legal and ethical experts within the healthcare team
- C) Deciding based on personal beliefs rather than professional guidelines
- D) Avoiding documentation to prevent potential legal issues

10. Which type of evidence is typically collected by a forensic nurse from a victim of a violent crime?

- A) Urine sample for drug testing
- B) Written witness statements
- C) Biological samples (e.g., blood, semen) and physical evidence (e.g., clothing)
- D) Financial records

KEY:

- 1. B
- 2. B
- 3. A
- 4. B
- 5. B
- 6. A
- 7. B
- 8. B
- 9. B
- 10. C



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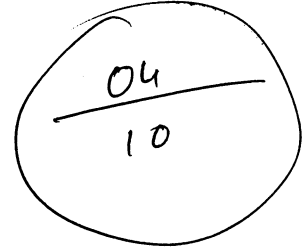
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- A) To ensure the victim's comfort and recovery
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- C) To provide long-term psychological counseling
- D) To administer vaccines and preventive treatments

3. Which of the following is considered an essential component of the forensic nursing assessment?

- A) Detailed physical examination with evidence collection
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4. In forensic nursing, what is the importance of chain of custody?

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6. Which aspect of Cognitive Therapy involves the patient keeping a journal of their thoughts and feelings?

- A) Behavioral monitoring
- B) Thought record
- C) Medication log
- D) Symptom checklist

7. How can Cognitive Therapy help psychiatric patients improve their coping skills?

- A) By increasing their medication dosage
- B) By helping them understand and modify dysfunctional thinking patterns
- C) By providing physical therapy
- D) By reducing the frequency of therapy sessions

8. Which of the following is a benefit of integrating Cognitive Therapy into nursing practice for psychiatric patients?

- A) Reduction in therapy costs
- B) Improved patient adherence to cognitive strategies and self-care
- C) Elimination of the need for medication
- D) Decreased interaction with other healthcare providers

9. What role does Cognitive Therapy play in relapse prevention for psychiatric patients?

- A) It offers medication adjustments based on symptoms
- B) It helps patients recognize early warning signs and develop effective coping strategies
- C) It provides a substitute for regular medical check-ups
- D) It focuses solely on addressing current symptoms

10. How does Cognitive Therapy address the issue of self-stigma in psychiatric patients?

- A) By focusing only on external factors
- B) By challenging and changing negative self-perceptions
- C) By increasing the frequency of medication
- D) By avoiding discussions about self-esteem

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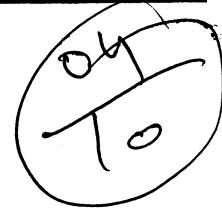


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A.P. Nurses & Midwives Council, letter No. APNMC/C/DN/5712/2005 dated: 11/1/2006  
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D) Nursing care plan

6. What ethical principle is most crucial for forensic nurses when dealing with victims of crime?

- A) Autonomy
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SNNC/ACD/VAC/2023-2024/28.

Date: 19/06/2023

### CIRCULAR

The Nursing Foundation Department is planned to conduct value added course on "RISK MANAGEMENT AND INSURANCE" From 23/06/2023 To 24/06/2023. The I B.Sc., Nursing students are instructed to attend the course without fail.

*U. Jayanthi.*  
Principal

Copy To:

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



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### COURSE TITLE: RISK MANAGEMENT AND INSURANCE

#### AIM:

To provide nurses with a comprehensive understanding of risk management and insurance principles, enabling them to identify, assess, and mitigate risks, while ensuring adequate insurance coverage and compliance within their professional practice.

#### COURSE OBJECTIVES:

1. Gain foundational knowledge in risk management principles specific to the healthcare environment.
2. Learn to recognize potential risks in clinical settings and assess their impact on patient care and safety.
3. Develop and apply strategies to minimize risks and enhance patient safety.
4. Understand different types of insurance relevant to nursing practice and evaluate appropriate coverage options.

#### COURSE OUTCOMES:

By the end of this course, participants will be able to:

1. Effectively identify and assess risks related to patient care, workplace safety, and professional liability.
2. Implement risk management strategies and best practices to mitigate identified risks in their practice.
3. Describe various insurance types, coverage options, and their relevance to nursing practice.
4. Ensure compliance with legal and regulatory standards in risk management and insurance.



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### PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
23/06/2023 (FRIDAY)	Introduction to Risk management in nursing	F.N (9:00 A.M. to 1;00 P.M.)
	Risk Identification	
	Risk Mitigation	A.N (2:00 P.M. to 6:00 P.M.)
	Overview of Insurance	
24/06/2023 (SATURDAY)	Claims process	F.N (9:00 A.M. to 1;00 P.M.)
	Regulatory and Legal considerations	
	Enhancing patient safety	A.N (2:00 P.M. to 6:00 P.M.)
	Practical Exercises2	



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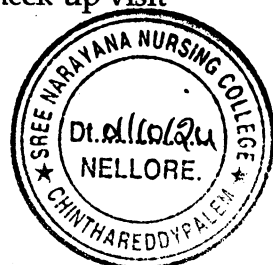
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### RISK MANAGEMENT AND INSURANCE

### PRETEST / POST TEST QUESTIONNAIRE

1. Which of the following is a primary goal of risk management in nursing?
  - A) Increasing the number of patient admissions
  - B) Reducing the likelihood of legal claims and enhancing patient safety
  - C) Maximizing financial profit
  - D) Decreasing staff-to-patient ratios
  
2. What is the purpose of a malpractice insurance policy for nurses?
  - A) To cover the cost of continuing education
  - B) To protect against claims of professional negligence or errors
  - C) To provide funding for patient rehabilitation
  - D) To insure medical equipment used in patient care
  
3. Which of the following is a common component of risk management programs in healthcare settings?
  - A) Marketing strategies
  - B) Incident reporting and analysis
  - C) Patient satisfaction surveys
  - D) Financial forecasting
  
4. In the context of nursing, what is an "adverse event"?
  - A) A planned surgical procedure
  - B) A patient's positive outcome following treatment
  - C) An unintended injury or complication resulting from medical care
  - D) A routine check-up visit



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5. Which risk management strategy involves analyzing trends in incidents to prevent future occurrences?
- A) Risk avoidance
  - B) Risk reduction
  - C) Risk transfer
  - D) Risk acceptance
6. When a nurse documents patient care, what is the primary purpose of this documentation in terms of risk management?
- A) To provide a record for billing purposes
  - B) To offer evidence of compliance with legal and professional standards
  - C) To create marketing materials
  - D) To reduce the need for additional staff
7. Which of the following is an example of risk transfer in nursing practice?
- A) Adhering to safety protocols to prevent accidents
  - B) Utilizing professional liability insurance to cover potential legal claims
  - C) Conducting regular staff training sessions
  - D) Implementing new patient care technologies
8. What should a nurse do if they are involved in a clinical incident or near miss?
- A) Ignore it if no immediate harm is observed
  - B) Report it according to the facility's policies and procedures
  - C) Only inform the patient involved
  - D) Handle it privately with no documentation
9. Which of the following practices is most effective in minimizing the risk of medication errors?
- A) Delegating medication administration to unlicensed personnel



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- B) Using a single, high-volume medication storage area
- C) Implementing a standardized medication administration process with double-checks
- D) Reducing the frequency of patient medication reviews

10. How can nurses effectively contribute to a risk management program within their organization?

- A) By avoiding communication with other departments
- B) By actively participating in training and reporting incidents
- C) By focusing solely on their individual tasks
- D) By disregarding risk management protocols if they seem cumbersome

### KEY:

- 1. B
- 2. B
- 3. B
- 4. C
- 5. B
- 6. B
- 7. B
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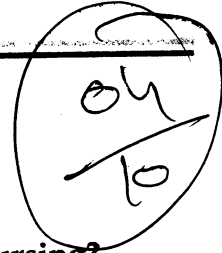
A.P. Nurses & Midwives Council, letter No. APNMC/CON/5712/2016, dated: 4/11/2016

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## RISK MANAGEMENT AND INSURANCE

### PRETEST / POST TEST QUESTIONNAIRE



1. Which of the following is a primary goal of risk management in nursing?

- A) Increasing the number of patient admissions
- B) Reducing the likelihood of legal claims and enhancing patient safety
- C) Maximizing financial profit
- D) Decreasing staff-to-patient ratios

2. What is the purpose of a malpractice insurance policy for nurses?

- A) To cover the cost of continuing education
- B) To protect against claims of professional negligence or errors
- C) To provide funding for patient rehabilitation
- D) To insure medical equipment used in patient care

3. Which of the following is a common component of risk management programs in healthcare settings?

- A) Marketing strategies
- B) Incident reporting and analysis
- C) Patient satisfaction surveys
- D) Financial forecasting

4. In the context of nursing, what is an "adverse event"?

- A) A planned surgical procedure
- B) A patient's positive outcome following treatment
- C) An unintended injury or complication resulting from medical care
- D) A routine check-up visit

5. Which risk management strategy involves analyzing trends in incidents to prevent future occurrences?

- A) Risk avoidance
- B) Risk reduction
- C) Risk transfer
- D) Risk acceptance

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6. When a nurse documents patient care, what is the primary purpose of this documentation in terms of risk management?

- A) To provide a record for billing purposes
- B) To offer evidence of compliance with legal and professional standards
- C) To create marketing materials
- D) To reduce the need for additional staff

7. Which of the following is an example of risk transfer in nursing practice?

- A) Adhering to safety protocols to prevent accidents
- B) Utilizing professional liability insurance to cover potential legal claims
- C) Conducting regular staff training sessions
- D) Implementing new patient care technologies

8. What should a nurse do if they are involved in a clinical incident or near miss?

- A) Ignore it if no immediate harm is observed
- B) Report it according to the facility's policies and procedures
- C) Only inform the patient involved
- D) Handle it privately with no documentation

9. Which of the following practices is most effective in minimizing the risk of medication errors?

- A) Delegating medication administration to unlicensed personnel
- B) Using a single, high-volume medication storage area
- C) Implementing a standardized medication administration process with double-checks
- D) Reducing the frequency of patient medication reviews

10. How can nurses effectively contribute to a risk management program within their organization?

- A) By avoiding communication with other departments
- B) By actively participating in training and reporting incidents
- C) By focusing solely on their individual tasks
- D) By disregarding risk management protocols if they seem cumbersome

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## RISK MANAGEMENT AND INSURANCE

### PRETEST / POST TEST QUESTIONNAIRE

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